



# Kidney Disease Screening and Awareness Program

## ANNUAL REPORTS

2016-2017

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# Kidney Disease Screening and Awareness Program

Welcome New Chapters of 2016-2017

- Cornell University
- Tufts University
- Univ. of Pennsylvania

2016-2017 NEWSLETTER

SEPTEMBER 2017

## Headquarters Highlight: First KDSAP Retreat

The Kidney Disease Screening and Awareness Program (KDSAP) hosted its first ever retreat from June 17-18, 2017, in the Zinner Conference Center of Brigham and Women's

Hospital in Boston, MA. Representatives from each KDSAP chapter were invited to join two days of instruction, development, and interaction with their fellow board members and guest speakers.

The special topics were presented by KDSAP founder Dr. Li-Li Hsiao, MD, PhD (Brigham and Women's Hospital, Harvard Medical School), keynote speaker Dr. Joseph Bonventre, MD, PhD (Brigham and Women's Hospital, Harvard Medical School), Ms. Trishia Salinas Lichauco, ACC (LichauCoach, International Coach Federation of New England), and Dr. Melanie Hoenig, MD (Harvard Medical School, Beth Israel Deaconess Medical Center) and addressed issues such as the future plans of KDSAP, current and future innovation in kidney research,

►Continued on page 4



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## Chapter Highlights

**Establishing and deepening relationships:** Chapters have continued to serve their communities and further their reach in diverse populations. Carnegie Mellon University's chapter reported forming good connections at the Latino Center and Sri

Venkateswara Temple screenings. University of Connecticut's chapter had a successful screening at Covenant Soup Kitchen and was invited to return in the coming year. For Rutgers University's first independent screening, students teamed up with

Robert Wood Johnson medical students, Rutgers undergraduate students, church volunteers, and an Asian health clinic. UC Berkeley's chapter established connections with the University of California (San Francisco) Divi-

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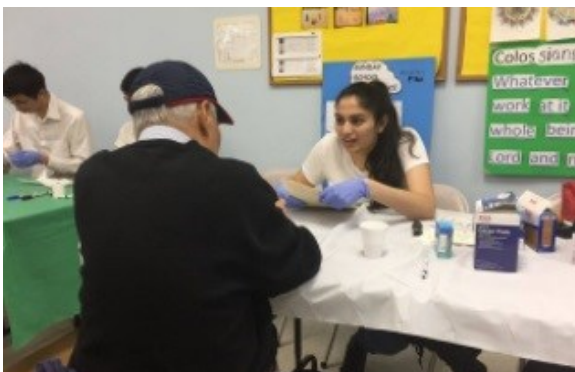
## Programs Designed for Student Career Development

- **Screenings this year:** 22
- **Participants screened:** 435
- **Screenings in Massachusetts:** Amherst Community Connections, Hyde Park Church, Chinese Christian Church of New England, Medford Housing Authority, and Our Lady of the Cedars Church



- **Out-of-state screenings:** Chinese Christian Church in Somerset (NJ, *pictured above*); Chinese Gospel Church, Hill House Community Center, Pleasant Valley Men's Shelter, Sri Venkateswara Temple, Latino Family Center, and Bethlehem Women's Shelter (PA); Ithaca Free Clinic and JustbeCause (NY); Covenant Soup Kitchen (CT); Livonia (MI); Home of Christ Church in Fremont and Home of Christ Church in Cupertino (CA)

The number of participants screened in the 2016-2017 fiscal year is around a 33% increase from the previous year, and as chapters continue to stabilize, that number will only grow. Furthermore, many volunteers said that the positive impact is mutual, including University of Michigan students, who reported, "It was great for students to see their work of preparation actually pay off in a meaningful service experience."



- **Physician & Kidney Health Talks:** 9
- **Events to Raise Awareness:** 11

Besides screenings, KDSAP is committed to educating people about chronic kidney disease so that they will be compelled to make healthy lifestyle choices themselves and also spread their newfound knowledge.



Chapters have demonstrated creativity and attention in planning their events, and here are some examples: *Cornell University*—A seminar led by Professor David Levitsky discussed lifestyle choices as a form of preventative medicine to reduce risks of diseases that negatively impact the kidney.

*Boston University*—Dr. Nancy Rodig from Boston Children's Hospital spoke about pediatric nephrology and the experiences of a pediatric transplant patient.

*UC Berkeley*—A panel entitled "Tips and Tricks on Applying to Medical School" was held and attended by two nephrologists from UCSF.

*Tufts University*—Students took a trip to a local dialysis unit to hear Dr. Klemens B. Meyer (*pictured below*) talk about CKD and the process of dialysis.



## Chapter Highlights

► *Continued from page 2*  
 sion of Nephrology and the Stanford Division of Nephrology.

**Increasingly recognized for efforts:** Boston University's chapter was awarded a grant by Santander (Boston) for their service to the community, allowing them to purchase all the necessary equipment for future screenings. KDSAP chapter recognition is growing, and students have consequently urged each other to have greater accountability and integrity.

**Obstacles:** Some chapters encountered difficulties this year largely due to lack of funding, organization, and experience, and all identified areas in which they could improve. This is also one of the reasons KDSAP requires each chapter to have at least one physician advisor—as the advisors play integral roles in teaching and guiding students—and a committed board, who will ensure that the lessons on crisis management and planning will be taken into account when preparing for upcoming events.

## Headquarters Highlight: First KDSAP Retreat

► *Continued from page 2, pictured on right*  
 personal and professional development, and strategies for achieving sustainable results. Students were inspired by the multi-faceted approaches to achieving physical and mental health, along with the opportunity to briefly interact with the respected speakers.

The discussion time also proved to be valuable. On Day 1, each chapter gave presentations of highlights as well as obstacles from the past year. With so many new chapters established in 2015, it was important for members to gain perspective from their colleagues and deepen the sense of community not only within each chapter, but also in KDSAP nationwide. The following day, they had brainstorming sessions in small groups concerning various problems and ideas, followed by group reports based on their findings.

Overall, response to the retreat was very positive, with attendees suggesting that it be an annual event rather than biennial, and provided good momentum for KDSAP endeavors in the new school year.



## HSRPKM 2017

On July 8, members of the 2017 Harvard Summer Research Program in Kidney Medicine (HSRPKM) participated in a free kidney screening at a Chinese church in Quincy, organized by KDSAP and aimed at serving and educating the community. The students received Universal Precaution and Professionalism (UPP) training on how to set



up and run a health screening, as well as hands-on experience under the guidance of physician mentors. The screening proved to be both rewarding and inspiring to the students, and resulted in the interest of some to establish KDSAP chapters in their respective universities.

## Introducing...

We would like to give a warm welcome to the new KDSAP National Policy Committee (NPC), which is currently comprised of 6 former KDSAP chapter leaders who have graduated. The NPC will work with Headquarters to build a good foundation for KDSAP as it seeks to develop and expand. It will be involved with projects such as standardizing KDSAP Guidelines and Policies and processing Grant Applications and Evaluations.

## About KDSAP

The Kidney Disease Screening and Awareness Program (KDSAP) was created and founded by Li-Li Hsiao, MD, PhD in March 2008. The first KDSAP chapter is registered at Harvard College where Dr. Hsiao has served as the official advisor. KDSAP has two key objectives: student career development and community outreach.

Many innovative programs have been created by Dr. Hsiao for the benefit of KDSAP students. KDSAP offers several speaker series and programs each semester that expose students to the scientific and medical professions and facilitate the development of mentor-mentee relationships. KDSAP members may also participate in the community outreach program, which runs monthly screenings in medically underserved communities. KDSAP members also have opportunities to develop leadership skills through organizing and managing screenings.

KDSAP is one of the first models that strategically targets undergraduate students early in their educational career to help address the current nephrology workforce shortage. KDSAP has gained nationwide and international attention and many institutions have established KDSAP chapters of their own. To find out more about KDSAP, please visit the KDSAP website: [www.kdsap.org](http://www.kdsap.org).



# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2017
2. **KDSAP chapter:** Harvard
3. **Number of active members:** 30  
*Number on email list: 265*
4. **List of board members (include position, class standing, and non-school email address)**  
 Andy Wang - President - Senior, Class of 2018  
 Amrita Mohanty - Vice President - Junior, Class of 2019  
 Courtney Lewis - Director of Programming - Junior, Class of 2019  
 Ashley Lopez - Director of Programming - Senior, Class of 2018  
 Kevin Eappen - Director of Community Outreach - Sophomore, Class of 2020  
 Seniha Ipekci - Director of Community Outreach - Senior, Class of 2018  
 Brittney Deadwiler - Secretary - Junior, Class of 2019
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
6. **Highlight of the year:**  
 One highlight of the year was beginning our biweekly general meetings. When the board decided to begin hosting general meetings, we were not sure what to expect in terms of our turnout. We were pleasantly surprised at not only our turnout, but also the excitement of the members to have this more interactive role in KDSAP.
7. **Challenge(s) encountered during this period of time:**  
 Some challenges that we have encountered the past year include finding new screening sites, arranging transportation, creating a sense of belonging for the general members of KDSAP, recruiting new members and funding.
8. **Goal(s) for the upcoming year:**  
 For this upcoming year, we would like to continue to increase our number of active volunteers and create more of a feeling of “membership” in KDSAP rather than occasional volunteering. Last semester, we took steps towards this goal by instating our biweekly general meetings and hosting a visit to a dialysis center where members talked with patients and learned more about treatment. Additionally, we would like to host a collaborative Kidney Health Day on and around our campus in order to increase kidney health awareness and promote the work done by our KDSAP chapter.

### 9. List of KDSAP event(s):

Date and Time	Event Title, Location, and Brief Description	Attendee #
2.3.17, 5pm	KDSAP General Meeting: Boylston Hall	20
2.11.17, 10am-12:30pm	UPP Training: 41 Avenue Louis Pasteur, Boston, MA	24
2.22.17, 6:30-7:30pm	Blood Pressure Workshop: Annenberg	10
4.14.17, 5pm	General Meeting: Boylston Hall, Data Entry	15
4.27.17	Dialysis Center Tour (Extension of a potential shadowing program)	10

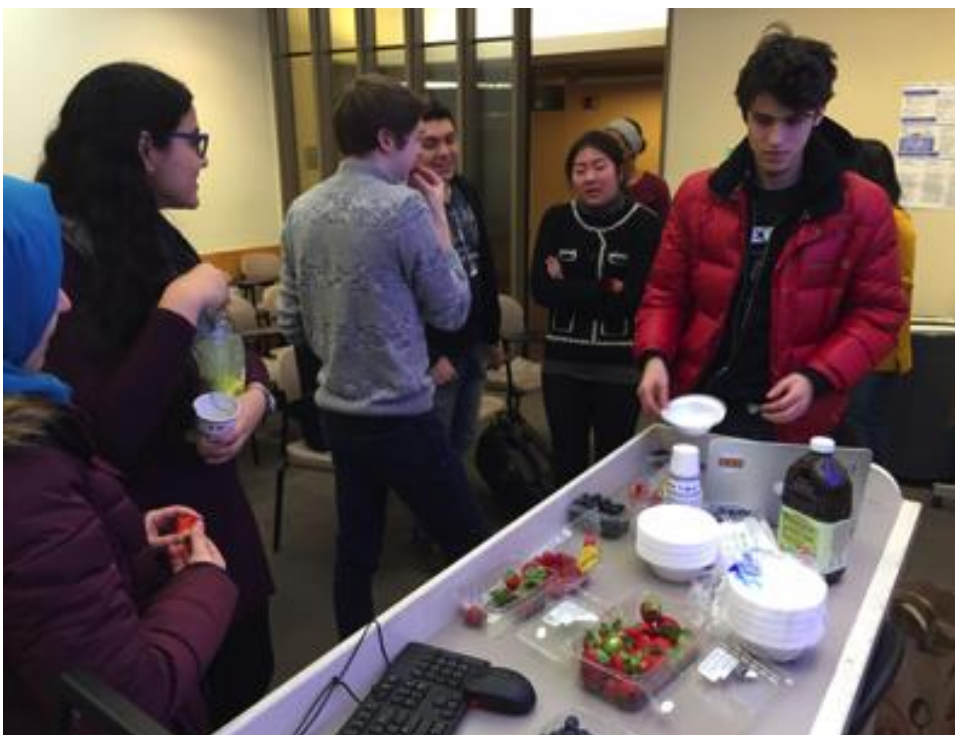
**10. List of KDSAP screening(s) hosted:**

Date and Time	Screening location	Participant #
3.25.17	Hyde Park Church	12
4.29.17 8am-6pm	Chinese Christian Church of New England	14

**11. Please provide at least two pictures from your events this past year (include the date, location, and a brief caption).**



3.25.17, Hyde Park Church: KDSAP volunteers with on-site volunteers and translators.



2.3.17, Boylston Hall: KDSAP board mingling with members of KDSAP after a general meeting.

# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2016-2017
2. **KDSAP chapter:** Rutgers University
3. **Number of active members:** 30
4. **List of board members (include position, class standing, and non-school email address):**  
 Peter Zhang: President, Class of 2019  
 Jeeyong Shin: Director of Programming, Class of 2019  
 Vivian Hu: Director of Community Outreach, Class of 2018  
 Nelly Nos: Treasurer, Class of 2018
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
6. **Highlight of the year:**  
 Running and funding our first independent screening with the Chinese Christian Church in Somerset.
7. **Challenge(s) encountered during this past year:**  
 The most difficult part of our past year was funding the screening and coordinating with multiple groups (doctors, volunteers, facilities, other groups, etc.). This was our first year as board members (the entire board is new), so there was a steep learning curve in terms of logistics and funding.
8. **Goal(s) for the upcoming year:**  
 Our primary goal is to hold more screenings in the local New Brunswick community and fundraise more money for future screenings. However, we hope to have a stronger presence on campus, and our director of programming is planning meetings and events to recruit more members.

9. **List of KDSAP event(s):**

Date and Time	Event Title, Location, and Brief Description	Attendee #
9/13/16	General Interest Meeting, Busch Campus We welcomed new students/new members and introduced KDSAP's mission to interested students.	30
10/19/16	Nephrologist invitation We invited a nephrologist to speak about her work and her journey to becoming a doctor.	30
1/25/16	Kidney Screening Meeting In this meeting, we discussed the logistics of setting up a screening and discussed future ideas with general body members.	15
4/6/17	Kidney Screening Training We invited our nephrologist mentor to give a talk on kidney health and teach students how to perform the basics of a screening.	30

10. **List of KDSAP screening(s) hosted:**

Date and Time	Screening location	Participant #
4/8/17	Chinese Christian Church in Somerset	22



11. Please provide at least two pictures from your chapter's events this past year (include the date, location, and a brief caption).



4/8/17: Screening at the Chinese Christian Church in Somerset (Pictured are some of the volunteers from our first independent screening. We worked with RWJ medical students, Rutgers undergraduate students, church volunteers, and even an Asian health clinic from North NJ.)

# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2017
2. **KDSAP chapter:** University of Pittsburgh
3. **Number of active members:** 32
4. **List of board members (include position, class standing, and non-school email address):**  
 President: Vishmayaa Saravanan, Senior  
 Co-Vice Presidents: Samantha Neri, Senior, and Hannah Han, Senior  
 PR Chair: Emiy Mattys, Sophomore  
 Director of Community Outreach: Julianne Wanner, Sophomore  
 Secretary: Destinee Sheung, Senior  
 Business Manager: Toby Sheung, Junior
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**  
 Vishmayaa Saravanan, 4 years  
 Samantha Neri, 3 years  
 Hannah Han, 3 years  
 Shushma Gudla, 2 years
6. **Highlight of the year:**  
 The highlight of our KDSAP year, most generally, would have to be the fact that our chapter has successfully conducted five screenings over the school year, despite several obstacles that we had faced. In addition, each screening was met with great interest from both club members as well as our community, which was very heartening for us as the planners of these events.
7. **Challenge(s) encountered during this past year:**  
 Two predominantly large challenges that we faced this year included our lack of funding and our lack of inventory maintenance. Luckily, our school's organization resource center was able to assist us in the purchase of a new urinalysis machine, but otherwise we had little funds with which to purchase new inventory. This continuous cycle did not post a significant problem until towards the end of the year, when we ran out of urine cups and had to frantically search for other options. This upcoming year, our board has committed to remedying these problems through clearer funds managements and organizational skills.
8. **Goal(s) for the upcoming year:**  
 Our biggest goal is to prevent the financial and supply-oriented shortcomings which we faced last year. However, this must be carefully balanced with our desire to hold just as many, if not more high-quality screenings. Through further delegation of tasks to our board members, we anticipate the ability to raise more funds while also properly allocating these.
9. **List of KDSAP event(s):**

Date and Time	Event Title, Location, and Brief Description	Attendee #
3/24/2017	"Your Kidneys and You" Training Talk, University of Pittsburgh campus. This training talk, presented by a representative from NKF, was given to us and any PKDSAP members who were interested in the "Kidney Informational Talks" that our chapter plans on implementing in the fall.	19

**10. List of KDSAP screening(s) hosted:**

<b>Date and Time</b>	<b>Screening location</b>	<b>Participant #</b>
October 7, 2016 - 5 pm - 8 pm	Pleasant Valley Men's Homeless Shelter	19
November 5, 2016 - 10 am - 2 pm	Hill House Community Center	14
January 28, 2017 - 10 am - 2 pm	Latino Family Center of Pittsburgh	13
March 4, 2017 - 10 am - 2 pm	Brigham Women's Homeless Shelter	15
March 25, 2017 - 10 am - 2 pm	SV Temple of Greater Pittsburgh	9

**11. Please provide at least two pictures from your chapter's events this past year (include the date, location, and a brief caption).**

The first picture represents the number of KDSAP (from Pitt and CMU) members who assisted at our last and most recent kidney screening at the SV Temple. Though we only screened 9 participants, the event provided a foundational opportunity to establish connections with the center and to connect with several temple-goers who were able to take advantage of the services we provided.



This second picture shows the Latino Center of Pittsburgh, where we held another screening. This screening, which required great coordination of nephrologists, translators, patients, and KDSAP members, proved to be one of our most rewarding.

# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2016-2017 School Year
2. **KDSAP chapter:** Amherst College
3. **Number of active members:** 25
4. **List of board members (include position, class standing, and non-school email address)**  
 Judy Lee (Class of 2018, Senior) Co-President  
 Tim Offei-Addo (Class of 2019, Junior) Co-President  
 Sam Amaka (Class of 2019, Junior) Amherst Initiatives  
 Angelika Hirsch (Class of 2019, Junior) Amherst Initiatives  
 Caroline Yao (Class of 2019, Junior) Community Outreach  
 Jacob Gendelman (Class of 2020, Sophomore) Community Outreach  
 Fengling Hu, (Class of 2019, Junior) Communications Director  
 Nouraz Falik (Class of 2018, Senior) Treasurer
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
6. **Highlight of the year:**  
 Apart from the screening that we conducted in Amherst, we also partnered with the Residential Counselors at Amherst to host a study break on Amherst Campus. This event allowed us to interact with other members of the Amherst Pre-Health community, to attract more members to our club, and to spread awareness about Kidney Disease.
7. **Challenge(s) encountered during this period of time:**  
 As we prepared for our Spring Kidney Screening, we struggled to obtain physicians to assist with the screening. This was partially due to poor planning and limited foresight. We plan to solve this problem by reaching out to doctors earlier in the process.
8. **Goal(s) for the upcoming year:**  
 Perform Successful Screening in Amherst.  
 Explore opportunities to host a screening in Springfield  
 Partner with other Amherst Pre-Health Clubs to create a stronger Pre-Health community on Campus

9. **List of KDSAP event(s):**

Date and Time	Event Title, Location, and Brief Description	Attendee #
April 22 <sup>nd</sup> 12-2 p.m.	KDSAP Study Break. Hosted @ Amherst with the Residential Counselors to spread awareness about KDSAP.	35 Students.
May 1 <sup>st</sup> 6:30 p.m.	Pre-Health Banquet hosted by KDSAP @ Amherst College. A Pre-Health Banquet hosted to bring together the students in the Pre-Health community and thank all the professors who support our efforts.	40 Students and Professors

10. **List of KDSAP screening(s) hosted:**

Date and Time	Screening location	Participant #
3/25/2017 2-4 p.m.	Amherst Community Connections	15

# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2017
2. **KDSAP chapter:** UC Berkeley
3. **Number of active members:** 30
4. **List of board members (include position, class standing, and non-school email address):**  
 Sarah Bhattacharjee (President, Senior)  
 Lorraine Ador Dionisio (Vice President, Junior)  
 Divya Seth (Vice President, Junior)  
 Allison Zhong (Secretary, Senior)  
 Riku Yasutomi (Treasurer, Sophomore)  
 Mirthica Suganthan (Publicity Chair, Sophomore)  
 Michael Frank (Fundraising Chair, Sophomore)  
 William Zheng (Screening Chair, Junior)  
 Derek Wan (Awareness Chair, Sophomore)
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
6. **Highlight of the year:**  
 We successfully held two screenings this year and served 130+ people around the Bay Area. Our fall screening was held at the Home of Christ in Fremont and our spring screening was held at the Home of Christ Church in Cupertino. We also established strong connections with the UCSF Division of Nephrology and the Stanford Division of Nephrology.
7. **Challenge(s) encountered during this period of time:**  
 During the first semester of the 2016-2017 academic year, we had trouble finding screening sites on our own as a club. We had intended to do at least two screenings per semester but did not meet our goal. In addition, we had raised funds to buy urinalysis machines but those purchased were non-functional during screenings due to incompatibility with test strips. This problem was alleviated by a generous donation of a functional urinalysis machine from a member's parent.
8. **Goal(s) for the upcoming year:**  
 This year our goals are the following:
  - Hold at least 3 screenings
  - Have 4 fundraisers to raise money for KDSAP expenditures
  - Hold 2 awareness events/talks
  - Host a physician networking/mingling event with the UCSF Division of Nephrology for KDSAP members to network with physicians and learn more about nephrology and medicine
9. **List of KDSAP event(s):**

Date and Time	Event Title, Location, and Brief Description	Attendee #
2/17, 7 AM	San Francisco Donut Fundraiser. We sold donuts in the financial district of San Francisco to raise funds for the club.	17
3/23, 4 PM	Humanity Project Tabling; UC Berkeley: We tabled at a project focusing on groups on campus that seek to serve.	10
4/21, 7 PM	Nephrologist Panel: Tips and Tricks on Applying to Medical School / Why Medicine?, held at UC Berkeley, attended by two nephrologists from UCSF.	25

**10. List of KDSAP screening(s) hosted:**

Date and Time	Screening location	Participant #
10/29/16, 8 AM	Home of Christ Church, Fremont CA	30
04/8/17, 8 AM	Home of Christ Church, Cupertino CA	30

**11. Please provide at least two pictures from your events this past year (include the date, location, and a brief caption).**

10/28/2016 - Home of Christ Church Fremont. Pictured: Members celebrate a successful first screening overseen by Dr. Hsiao herself!



04/08/2017 - Home of Christ Church Cupertino. Pictured: Members of UC Berkeley KDSAP, UCSF and Stanford Nephrologists, and Home of Christ Church Leaders after successful second screening!

# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2017
2. **KDSAP chapter:** Boston University
3. **Number of active members:** 134
4. **List of board members (include position, class standing, and non-school email address):**  
 President - Anita Papatheodorou, Senior  
 Vice President - Sandra Vanessa Yuwono  
 Treasurers - Anastacia Dienen Wahl, Junior  
 Secretary - Sonika Vatsa, Junior
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**  
 Ronald Akiki, 2 years  
 Alexander Arbash, 2 years  
 Benjamin Maxner, 2 years  
 Abra Roberts, 2 years  
 Doug Brown, 2 years
6. **Highlight of the year:**  
 Awarded grand by Santander (Boston) for our service to the community, thus allowing us to purchase all the necessary equipment for future screenings.
7. **Challenge(s) encountered during this past year:**  
 Fundraising was a challenge at the beginning of the year since as a new group we needed to recruit people and introduce the club to the campus. Additionally, finding our first location was also a challenge as we needed to stay within a certain radius and our initial location was canceled at the last minute.
8. **Goal(s) for the upcoming year:**  
 Hold at least 2 screenings per semester.  
 Invite 2 speakers per semester.  
 Connect with KDSAP chapters in nearby universities.

9. **List of KDSAP event(s):**

Date and Time	Event Title, Location, and Brief Description	Attendee #
March 1st, 2017	KDSAP General Meeting	19
January 26th, 2017	KDSAP Speaker Series: Dr. Nancy Rodig	33
December 6th, 2016	KDSAP Chipotle Fundraiser	62
November 7th, 2016	KDSAP General Meeting: Meet the patient	21
October 16th, 2016	National Kidney Foundation Walk	12



10. List of KDSAP screening(s) hosted:

Date and Time	Screening location	Participant #
10/02/2016	Our Lady of the Cedars Church, Jamaica Plain	31

11. Please provide at least two pictures from your chapter's events this past year (include the date, location, and a brief caption).



# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2017
2. **KDSAP chapter:** Carnegie Mellon University
3. **Number of active members:** 15
4. **List of board members (include position, class standing, and non-school email address):**  
 Rebeka Almasi, senior, Co-president  
 Theodore Teichman, senior, Co-president  
 Ian Suzuki, sophomore, Vice President of Administration  
 Sarah Simon, junior, Vice President of Finance  
 Yusuf Mehkri, sophomore, Vice President  
 Mahpara Hasan, sophomore, Vice President
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**  
 Jacqueline Lee, 3  
 Anna Zhang, 3
6. **Highlight of the year:**  
 Attendance at the Latino Center was excellent and we had some interesting cases. It was great continuing our relationship with SV Temple.
7. **Challenge(s) encountered during this past year:**  
 Latino Center: Screening was just after the U.S. election and people feared giving their information out to anybody, fearing deportation  
 Difficult to find a time for general body meetings where all members are free. We have some problems with member retention because of this.
8. **Goal(s) for the upcoming year:**
  - *Improve Membership retainment using strategies suggested at the retreat*
  - *Change structure of General Body Meetings*
  - *Give our first informational talk*

9. **List of KDSAP event(s):**

<b>Date and Time</b>	<b>Event Title, Location, and Brief Description</b>	<b>Attendee #</b>
March 28, 7 PM	Physician's Panel: CMU Danforth Lounge: We invited several doctors from UPMC to come and hold an open panel with CMU students to answer questions about medical school and how it is to be a doctor.	20
November 2, 9 am	Kidney Walk: Pittsburgh has an annual kidney walk under NKF, which was at the zoo this year; we raised a small amount of money and encouraged our members to attend the walk.	6

**10. List of KDSAP screening(s) hosted:**

Date and Time	Screening location	Participant #
10/15/16, 10:00	Hill House	7
11/12/16, 17:00	Pleasant Valley Men's Shelter	15
4/15/17, 10:00	SV Temple	9
1/28/17, 10:00	Latino Center	20
3/25/17, 10:00	Bethlehem Women's Shelter	15

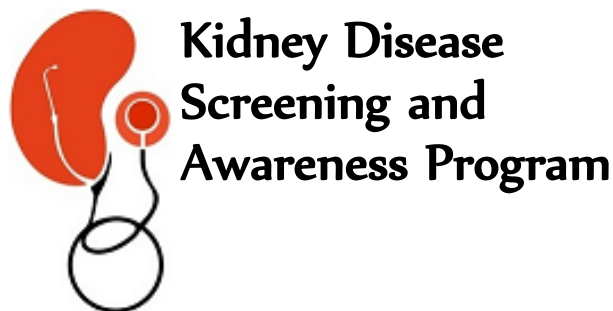
**11. Please provide at least two pictures from your chapter's events this past year (include the date, location, and a brief caption).**

Above: Latino Center Screening

Below: Kidney Walk



# KDSAP Annual Progress Report



1. **Report year:** 2017
2. **KDSAP chapter:** UConn
3. **Number of active members:** 36
4. **List of board members (include position, class standing, and non-school email address):**  
 Co-president: Karol Nawalaniec, Rising Senior  
 Co-president: Dhruv Shah, Rising Junior  
 Treasurer: Kayla Warring, Rising Junior  
 Fundraising Chair: Angela Kang, Rising Junior  
 Secretary: Alison Tarnow, Rising Senior  
 Publicity Manager: Mariana Osello, Rising Senior
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
6. **Highlight of the year:**  
 We had one successful screening this year at Covenant Soup Kitchen. They asked us to come back for another time in the coming year!
7. **Challenge(s) encountered during this period of time:**  
 We had challenges securing screening venues. Many screening sites would not be available to us or would not respond to our attempts to reach out. Dr. Adams, our nephrologist Advisor, is only available on select weekends, so finding a time to hold a health screening becomes difficult. We also had challenges retaining members.
8. **Goal(s) for the upcoming year:**  
 Have two screenings  
 Have a doctor (nephrologist, preferably) come in to talk about their profession and give career advice  
 Interview club members to fill positions of co-president, Secretary, and Publicity Manager. Also, add community service chair positions.  
 Have Dr. Adams give a tour of the UConn Health Renal Dialysis Center.

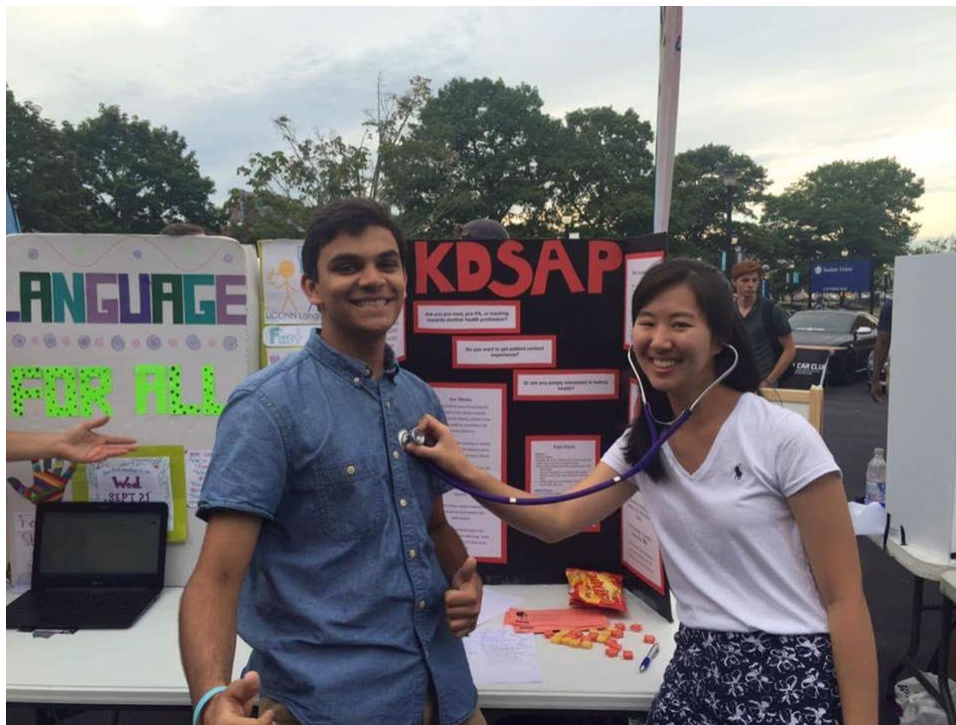
## 9. List of KDSAP event(s):

Date and Time	Event Title, Location, and Brief Description	Attendee #
12/9/2016	Brain Imaging Center Tour—UConn BIRC— Students were given a tour and introduction to psychology	5
09/06/2016	Involvement Fair: Recruitment	About 200

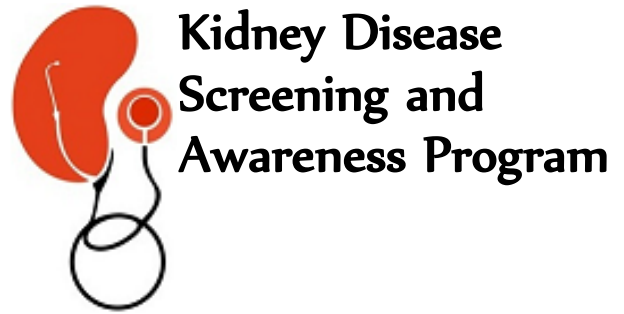
## 10. List of KDSAP screening(s) hosted:

Date and Time	Screening location	Participant #
3/4/2017	Covenant Soup Kitchen, Willimantic CT	9

11. Please provide at least two pictures from your events this past year (include the date, location, and a brief caption).



# KDSAP Annual Progress Report



1. **Report year:** 2016-2017, 2017-2018
2. **KDSAP chapter:** University of Michigan
3. **Number of active members:** 79 (2016-2017)
4. **List of board members (include position, class standing, and non-school email address):**  
(2017-2018)  
 President: Jack Kulka (Senior)  
 Vice President: Robert Ricotti (Senior)  
 Secretary: Karthik Pittala (Senior)  
 Treasurer: Nina Bourdeau (Senior)  
 Directors of Programming: Betsy Tannenbaum (Senior) and Jackie Meier (Senior)  
 Publicity Manager: Aastha Dharia  
 Directors of Community Outreach: Jeremy Policht (Junior) and Will Pema (Junior)  
 Directors of Education: Claire Wixson and Allison Reiser  
 Director of Fundraising: Tess DeWulf (Senior)
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
6. **Highlight of the year:**  
 The highlight of this past year was certainly setting up and running our inaugural screening. It was great for students to see their work of preparation actually pay off in a meaningful service experience.
7. **Challenge(s) encountered during this period of time:**  
 There were challenges in finding funding as well as machinery for the screening. Funding was eventually obtained, and the Harvard chapter allowed us to borrow the urinalysis machine. Not to mention, no one had done a screening before, so as with any first time, small challenges along the way arise.
8. **Goal(s) for the upcoming year:**  
 This year, we plan to run 1 screening in the fall semester and 2 screenings in the winter semester. This will allow our chapter time to obtain proper funds and membership size before screening. In addition, we plan to set up nephrology shadowing opportunities as well as guest speakers and career development meetings throughout the year.
9. **List of KDSAP event(s):**

Date and Time	Event Title, Location, and Brief Description	Attendee #
9/12/2017	Mass meeting	30
1/19/2017	Mass meeting with guest speaker	25
3/10/2017	Screening training	30
5/10/2017	New E-Board first meeting	10
	<i>More events and E-board meetings exist, attendance and documentation of small meetings were not well recorded, however this will be instilled next year.</i>	

**10. List of KDSAP screening(s) hosted:**

Date and Time	Screening location	Participant #
3/11/2017	Livonia, MI	30

**11. Please provide at least two pictures from your chapter's events this past year (include the date, location, and a brief caption).**



# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness

1. **Report year:** 2017
2. **KDSAP chapter:** Tufts
3. **Number of active members:** approximately 60-70
4. **List of board members (include position, class standing, and non-school email address):**
  - President - Brianna Xavier, Senior
  - Vice President - Nadya Ganem, Sophomore
  - Treasurer - Abe Bayer, Senior
  - Community Screening Chair - Charlotte Crist, Sophomore
  - Outreach Chair - Leslie Kenefick, Junior
  - Education Chair - Grace Tellado, Senior
  - Communications Chair - Meghan Lauzé, Junior
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
  - Jason Shaffer
  - Rose Banks
  - David Grossfeld
  - Eleanor Agosta
  - Parth Kumar-Patel
  - Elyssa Harris
  - Max Goder-Reiser
  - Amber Chevannes
  - Raquel Perez
  - Kevin Meli
  - Hannah Landsberger
6. **Highlight of the year:**

Tufts' KDSAP performed their FIRST screening this year in Medford, MA! As a KDSAP chapter that was formed in Fall 2016, we were able to make a presence on the Tufts campus and within the Medford community by networking with local Tufts Medical nephrologists, Medford's Board of Health director, and other Tufts clubs to fund, promote, and execute a screening at the Medford Housing Authority. We look forward to this being the first of many screenings done by Tufts KDSAP in the upcoming years.
7. **Challenge(s) encountered during this past year:**

Getting funding and becoming a club recognized at Tufts proved to be more of a difficulty than we expected. The Tufts Student Judiciary has a rule of not recognizing or giving funding to a club until we prove through events that we can be sustained for more than a year. Because Fall of 2016 was the first semester that KDSAP was a part of Tufts, and we can only apply for recognition in the fall, we had to spend the last year with no recognition or funding. It has been difficult to get the funds necessary to buy our own equipment and host events at Tufts that may cost money. This has been combatted partially through partnering with our Health Services, who has given us some financial support for events, and by hosting fundraisers on campus and off campus to get medical supplies for more regular screenings in the community. Despite these challenges, we hosted a variety of successful events and have a large group of students interested at Tufts.

**8. Goal(s) for the upcoming year:**

- Become a club recognized by Tufts and get a budget from the University
- Purchase necessary medical equipment to run screenings at KDSAP's discretion
- Hold a minimum of three events on or off campus to educate the community about kidney disease and/or some aspect of kidney health.
- Establish community connections and discover new places to hold free health screenings, including more purposeful advertisement and dissemination of the screenings.
- Establish more connections with local nephrologists to give Tufts' KDSAP more opportunities to hold screenings and events with these physicians'
- Hold a minimum of two screenings per semester within the surrounding communities.
- Find a way to unite all KDSAP and promote KDSAP involvement outside of screenings and events.

**9. List of KDSAP event(s):**

<b>Date and Time</b>	<b>Event Title, Location, and Brief Description</b>	<b>Attendee #</b>
10/18/16 at 8pm	Dialysis & Chronic Kidney Disease Education Seminar: KDSAP came together for our first internal education event on 10/18/16. We learned about the basics of renal physiology and chronic kidney disease, and watched a handful of Ted Talks featuring CKD patients explaining dialysis and how it affected their lives. We had a great discussion about the impacts of disease on daily life and what we can do as a club to fight this.	Approx. 25
11/14- 11/18/16	Chronic Kidney Disease Awareness Week: From 11/14 – 11/18 KDSAP held its first annual CKD awareness and fundraising week. We had fun activities and sales going on in the campus center all throughout the week designed to increase knowledge of CKD, publicize our club and the work we are doing, and fundraise for the National Kidney Foundation. Our social media campaign reached over 2,000 people, and we raised nearly 300 dollars. We had many members help participate in tabling. Tufts Timmy Global Health was a cosponsor for this event.	Approx. 20 members, 1000+ students
11/30/16 at 12pm	The Secret World of International Organ Trafficking Lunch and Learn: KDSAP Tufts partnered with GlobeMed at Tufts to have a lunch presentation and discussion about the problem of international organ trafficking. The main organ focus being kidneys, a presentation was given about the history, statistics and possible solutions as well as how other countries are handling organ shortages, followed by a group discussion. Everyone in attendance was given the steps on how to become an organ donor at the end to begin to combat the lack of kidneys and organs available for transplantation.	Approx. 60
02/06/17 at 8pm	KDSAP Spring Semester GIM: Tufts KDSAP held a spring General Interest Meeting with food, a short video clip and overview of what KDSAP is to increase interest and membership in KDSAP. The club's advisor Dr. Gilbert also came and gave an informal speech about kidney function and the job of a nephrologist.	Approx. 30
02/21/17 at 6:30pm	KDSAP Tufts Presents: Dr. Li-Li Hsiao, founder of KDSAP: Dr. Hsiao came to Tufts and gave a presentation on the history of KDSAP, the meaning of KDSAP, and also gave tips and advice for getting into medical school.	Approx. 30

03/08-03/09/17	World Kidney Day Tabling: Tufts' KDSAP ran a table for two days for world kidney day to spread awareness about kidney health and promote this year's theme: staying active. A board was made and passers-by were asked to write a goal they had to achieve kidney health by staying active.	Approx. 5-10 members, 500+ students
04/14/17 at 3pm	Dialysis Trip: Tufts' KDSAP coordinated a trip to a local dialysis unit to hear Dr. Clemens-Myers talk about the process of dialysis and about CKD. He gave everyone a tour on how the units work and showed the club the machines that are used for patients and the heavy duty machines used to keep everything in the facility running smoothly.	Approx. 20

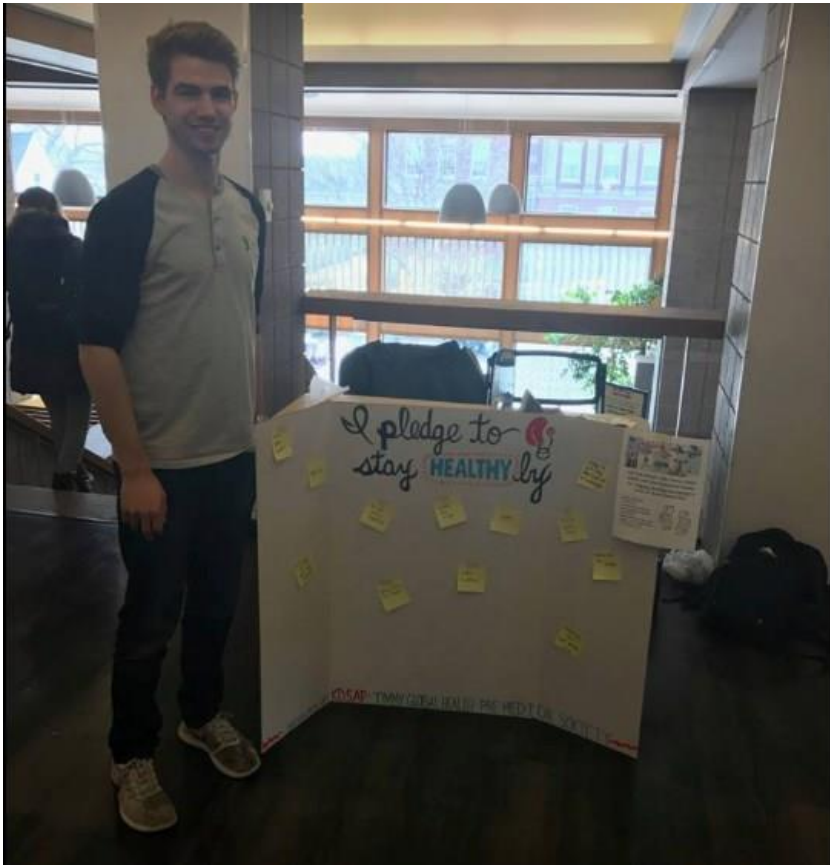
**10. List of KDSAP screening(s) hosted:**

Date and Time	Screening location	Participant #
04/23/17 at 1pm	Medford Housing Authority, Medford, MA	Approx. 30

**11. Please provide at least two pictures from your chapter's events this past year (include the date, location, and a brief caption)**



4/14/17: Dialysis Clinic Inc, Medford, MA. Dr. Clemens-Myers of TMC demonstrating how dialysis works to the Tufts' KDSAP chapter.



03/08/17: Campus Center at Tufts University: Tufts' KDSAP member, Alex, celebrating World Kidney Day by writing down pledges to keep his kidneys' healthy.



4/23/17: Medford Housing Authority, Medford, MA: Tufts' KDSAP members at their first health screening running the urinalysis station.



4/23/17: Medford Housing Authority, Medford, MA: The outside of Tufts' KDSAP very first health screening at the Medford Housing Authority!



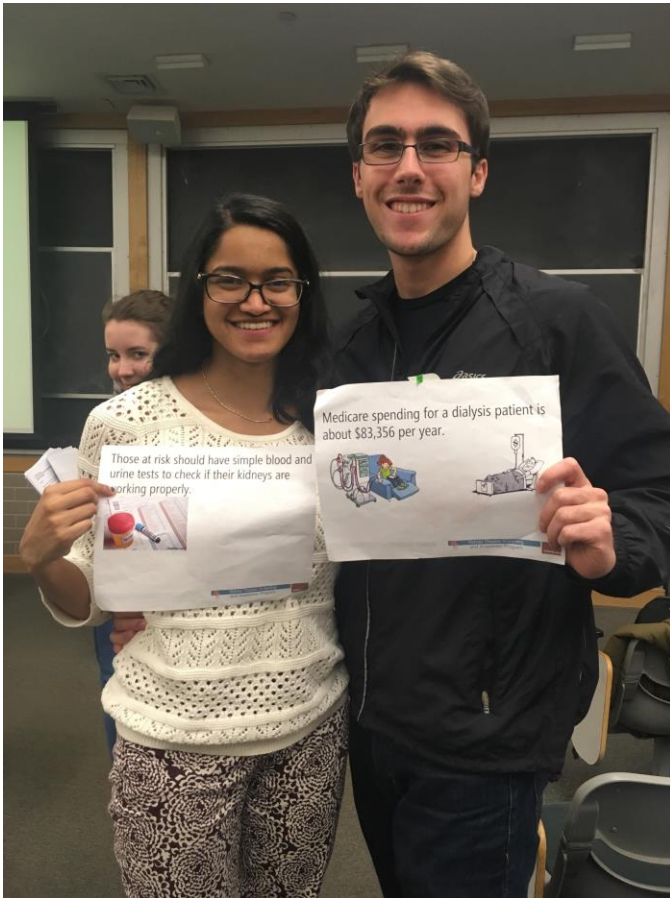
9/19/16: Barnum Hall, Tufts University: Tufts' KDSAP first general interest meeting with founder of the chapter, Abe Bayer, giving a quick presentation.



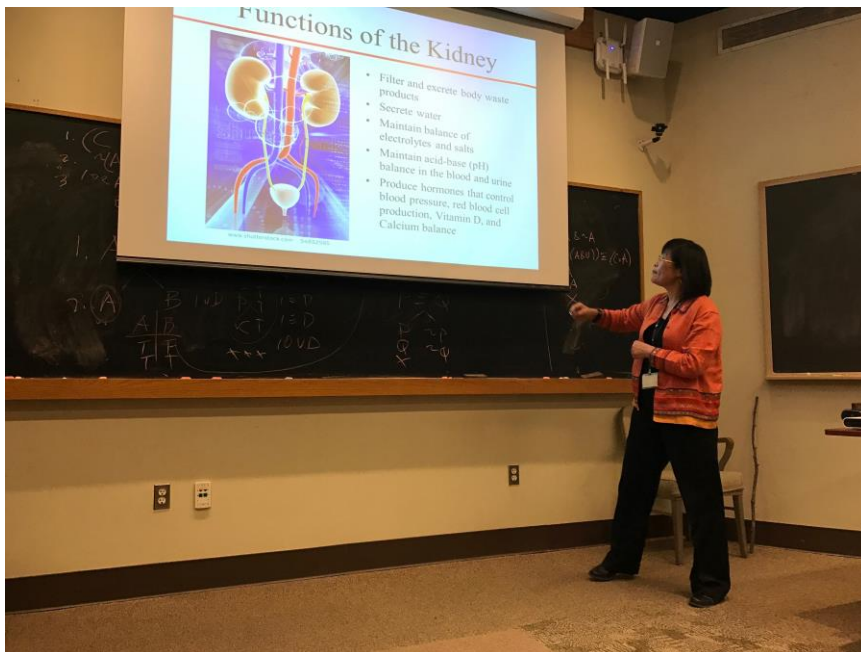
10/18/16: Tufts: KDSAP learning about the basics of renal physiology and chronic kidney disease, during their first club meeting.



11/14/16: Tufts' KDSAP members Rose and Meghan tabling for Chronic Kidney Disease Awareness Week in the Campus Center



11/17/16: Two Tufts' KDSAP members posing with kidney facts for Chronic Kidney Disease Awareness Week



2/21/17: Dr. Li-Li Hsiao giving a presentation at Tufts University.

# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2017
2. **KDSAP chapter:** Cornell University
3. **Number of active members:** 72
4. **List of board members (include position, class standing, and non-school email address)**  
 Sarah Hanif-president, 4<sup>th</sup> year  
 Adena Dass-public relations, 2<sup>nd</sup> year  
 Siddharth Kantamneni-treasurer, 2<sup>nd</sup> year  
 Destiny Orantes-secretary, 2<sup>nd</sup> year  
 Sayyed Hussain-event coordinator, 2<sup>nd</sup> year  
 Andrew Rosenblatt-clinical program coordinator, 2<sup>nd</sup> year  
 Kristen Ko-historian, 2<sup>nd</sup> year  
 Martha Ormanoski-vice-president, 4<sup>th</sup> year  
 Charlotte Leape-screening coordinator, 4<sup>th</sup> year
5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**
6. **Highlight of the year:**  
 1<sup>st</sup> screening because we had a great turnout and we worked very well as a team. We communicated very effectively with each other and this allowed us to grow as a team.
7. **Challenge(s) encountered during this period of time:**  
 Double-booking of room during 1<sup>st</sup> screening. Car towed that contained all our supplies.
8. **Goal(s) for the upcoming year:**  
 Screenings outside of Ithaca and on-campus screening. Fundraiser with Kaplan.
9. **List of KDSAP event(s):**

Date and Time	Event Title, Location, and Brief Description	Attendee #
April 14 12PM-6PM	Professionalism Training -Cornell University Mandatory training required for screening participation; learned professionalism and various techniques used in screening (glucometer, blood pressure, etc.) for Ithaca residents	40
March 24 5-6PM	Preventative Medicine for Kidney Disease Seminar-Cornell University Seminar led by Professor Levitsky of Cornell University discussing lifestyle choices as a form of preventative medicine to reduce risks of diseases that negatively impact the kidney	10

### 10. List of KDSAP screening(s) hosted:

Date and Time	Screening location	Participant #
April 15 12PM-6PM	Ithaca Free Clinic	16
February 25 1PM-6PM	Just Be Cause	29



11. Please provide at least two pictures from your events this past year (include the date, location, and a brief caption).



February 25<sup>th</sup>, Just Be Cause

Our first screening. This picture contains members of our e-board as well as community members that aid Cornell KDSAP during screenings.



April 14<sup>th</sup>, Appel Community Center at Cornell University

The first training in which KDSAP members learned how to act professionally at trainings as well as how to perform the tasks necessary for each station.

# KDSAP Annual Progress Report



## Kidney Disease Screening and Awareness Program

1. **Report year:** 2017
2. **KDSAP chapter:** University of Pennsylvania
3. **Number of active members:** 30
4. **List of board members (include position, class standing, and non-school email address):**

President	Marjon Enriquez
Vice President for Internal Operations	Jimmy Qian
Vice President for External Relations	Karthik Prabhakaran
Finance Chair	Sam Yoon
Director of Community Outreach	Judith Alvarez
Director of Health Education	Denice Arnold
Director of Programming	Shivani Gokhale
Director of Fundraising	Dale Kim

5. **List of graduating KDSAP members (include name, years of KDSAP involvement, and non-school email address):**

Vice President for Internal Operations	Stanley Cai (1 semester)
Treasurer	Jonathan Tang (1 semester)

6. **Highlight of the year:**  
Definitely our first screening at the Chinese Gospel Church on April 1st, which proved to be successful according to students, community members and everyone who helped us put it together.
7. **Challenge(s) encountered during this past year:**  
Lack of proper funding, lack of bank account, logistical and communication problems.
8. **Goal(s) for the upcoming year:**
  - Acquire FULL recognition from Penn's Student Activities Council and the Penn Undergraduate Health Coalition to gain access to other University resources -- including a regular source of funding.
  - Connect with more communities in Philadelphia, expand to Latino, African-American communities, as well as low-income neighborhoods.
  - Recruit at least 50 active members, including those in Penn's other undergraduate schools, namely Engineering, Nursing and Wharton.
  - Be a regular presence on campus --- we are currently testing a "Project Leader" system, where each member of a specific committee gets an opportunity to plan and organize their own project, or advocate for their community of choice, with support from the whole KDSAP team.
  - Encourage an interdisciplinary approach to support our public health agenda by inviting ideas from a diverse set of professionals and students from Penn's graduate schools such as Medicine, Law and Public Policy -- and its affiliated institutions such as the Children's Hospital of Philadelphia.

**9. List of KDSAP event(s):**

<b>Date and Time</b>	<b>Event Title, Location, and Brief Description</b>	<b>Attendee #</b>
January 2017	PUHC Fair, Houston Hall Primary recruitment efforts for the chapter's first semester.	Gained 15 members
March 31 2017	UPP/Screening Training, Van Pelt Library Led by Laura Polding and Dr. Hsiao, members got to learn about the origins and values of KDSAP. They also got to gain knowledge and skills they could employ not just in screenings, but in their personal and professional lives.	25
April 1 2017	Screening, Chinese Gospel Church Penn KDSAP's first ever screening drew 31 participants, with the support of the KDSAP Central team, Penn Kidney Medicine and members of the CGC community.	20
April 6 2017	KDSAP Post-Screening Dinner, Thai Singha Restaurant Members got to celebrate the success of PennKDSAP's first screening.	15

**10. List of KDSAP screening(s) hosted:**

<b>Date and Time</b>	<b>Screening location</b>	<b>Participant #</b>
April 1 2017	Chinese Gospel Church	31

**11. Please provide at least two pictures from your chapter's events this past year (include the date, location, and a brief caption).**

*April 1 2017. Chinese Gospel Church. Shivani Gokhale (Director of Programming) talks to a screening participant before his blood sugar was tested.*



*April 1 2017. Chinese Gospel Church. Pavi Guttipatti (Health Ed Deputy), Stanley Cai (Former IVP) and Dale Kim (Publicity Deputy) collecting data from a participant's urine sample prior to a brief physician consult.*



*March 31 2017. Van Pelt Library. Penn KDSAP members listen attentively while founder Dr. Li-Li Hsiao discusses KDSAP values and standards.*